

Free Clinic Project

CAREERS IN HEALTH · ACCESSIBILITY MENTORSHIP PROGRAM

# HOW TO CHOOSE YOUR MAJOR

FALL 2021

# Brought to you by:

An Lanh Free Clinic Project

## Careers in Health - Accessibility Mentorship Program (CHAMP)



INTRODUCTIONS

SHREYAS

SAGE

NEIMAN

ARIKA

ROSEANNE

ASMAA



# Introduce yourselves

+ Fun Fact

# DIFFERENT TYPES OF MAJORS (BROAD CATEGORIZATION)

- AGRICULTURE & NATURAL RESOURCES CONSERVATION
  - ARCHITECTURE
  - AREA, ETHNIC, & MULTIDISCIPLINARY STUDIES
  - ARTS: VISUAL & PERFORMING
  - BUSINESS
  - COMMUNICATIONS
  - COMMUNITY, FAMILY, & PERSONAL SERVICES
  - COMPUTER SCIENCE & MATHEMATICS
  - EDUCATION
  - ENGINEERING
  - ENGINEERING TECHNOLOGY & DRAFTING
  - ENGLISH & FOREIGN LANGUAGES
  - And more....
  -
- <https://www.act.org/content/act/en/research/reports/act-publications/college-choice-report-class-of-2013/college-majors-and-occupational-choices/college-majors-and-occupational-choices.html>

# SPECIFIC COLLEGE MAJORS

- Each college has a set of majors that they offer.
  - Not all majors are offered at every college/university
- UC Irvine
  - <http://catalogue.uci.edu/undergraduatedegrees/>
- If you are unsure about what specific major you want to do here are some tips you can use to figure it out:

# BS VS BA

## Bachelor of Science

- Science degree that focuses heavily on science and mathematics
- Builds a technical understanding of your major
- Fields
  - Math, Science, Business, Computer Tech, Engineering, Psychology

## Bachelor of Arts

- More flexibility to explore more careers.
- Larger breadth
- Fields
  - writing, art, history, philosophy and religion courses

Some gray areas with Business and Computer Science majors - Up to universities to decide

# MAJOR VS MINOR

- Main focus of your college classes
- More classes to satisfy your requirements for a diploma
- Your major will be listed on your diploma
- Secondary concentration of courses
  - Used to complement your major
- Not required
- Can be used to increase your passion in a completely separate field if you want
- Have to wait until you get into a university to apply for a minor

People who do not know what they want to major in can come in as undecided.

It is not a bad thing to come in undecided; you can still take General Education classes till you decide



# HOW TO PICK A MAJOR

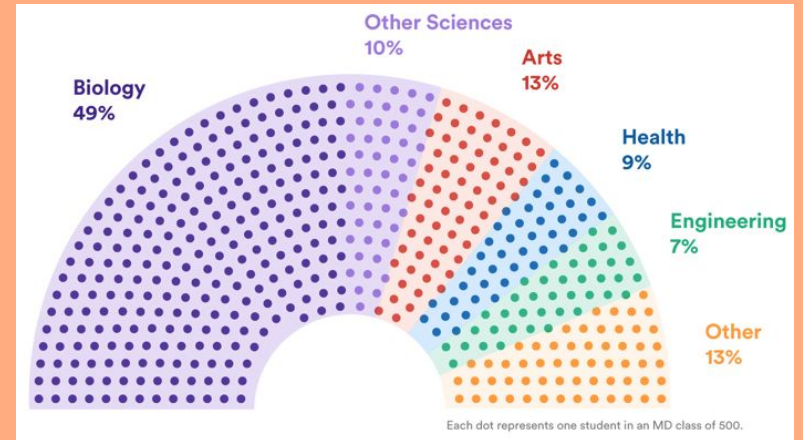
- Strengths and weaknesses
  - Goals
- Classes you've done well in
  - Do those classes interest you?
- Alumni's opinions about the specific major
  - LinkedIn and talk to people
  - Ask if they could choose another major, what would it be?
- "Personal grit"
  - Limitations
- Major does not always equal career
  - People who major in economics can go into medical school
- Passionate about

# EXPERIENCE

- Some activities that you could do related to your field
- Computer Science
  - Volunteering at a tech Museum
- Biology
  - Volunteering at the Hospital
- Theater
  - Try to go watch some shows/act in plays
- Exposure is KEY!

# CAREER/FUTURE SCHOOLING

- The major you pick does NOT dictate what field you should go into
- Pre-meds can choose any major, but choose biology More than others
- Grad School requirements and what major helps you The most for it!



# KEVIN O'LEARY



His major in college was environmental studies and psychology

With that major he applied to business school and is now a billionaire.

# CHANGING MAJORS

- Do not be afraid to change your major.
- A lot of people change
  - 80% change their major
- A lot of the classes you take in high school and college are very different
- If you love two fields equally, you can

Double major



# OPTIONS

1 Major

Double  
Major

Major +  
Minor

Double  
Major +  
Minor

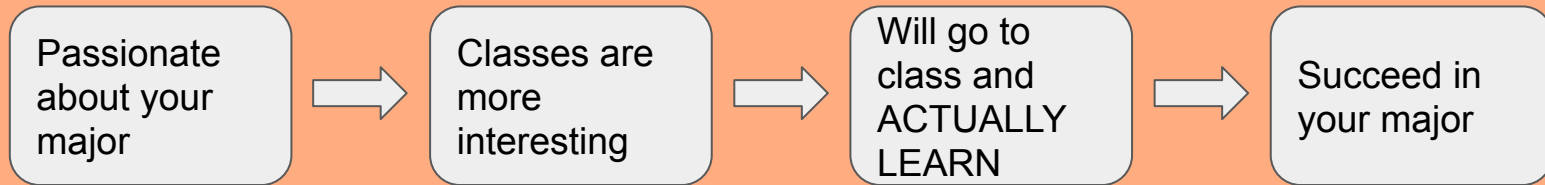
Major +  
Double  
minor

ASK YOUR  
ACADEMIC  
ADVISOR

BRAINSTORM  
IDEAS WITH  
YOUR PEERS

# PASSION

- Pick your major based on how passionate you are.
- If you don't know what field you're passionate, that's okay. Take some time to explore classes or research to seek that passion.





## 02. WORDS FROM OUR PANELISTS



# ASMAA

- **Major:** Microbiology & Immunology, with a Minor in Health Informatics
- **Tip for choosing your major in college app:** Don't limit yourself from choosing a major because you may think it's too hard. If you are passionate about it, you'll learn a lot (:
- **Random college tip:** Don't compare yourself to others unless it's to encourage you!



# NEIMAN

- **Major:** Psychology and Philosophy
- **Tip for choosing your major in college app:** You can always change or add a major later
- **Random college tip:** Sharetea is better than Cha



# ARIKA

- **Major:** Public Health Sciences
- **Tip for choosing your major in college app:** Use highschool as a time to explore different interests through classes and extracurriculars
- **Random college tip:** It may take time to get settled but it will happen



# SAGE

- **Major:** Biological Sciences
- **Tip for choosing your major in college app:** Think about what you like doing, and research majors/careers that are related
- **Random college tip:** Don't be afraid to ask your profs/TAs questions!



# ROSEANNE

- **Major:** Undeclared
- **Tip for choosing your major in college app:** If you're thinking of doing post-grad, consider undergraduate major vs graduate school requirements
- **Random college tip:** Cha and Sharetea are both terrible



# QUESTIONS?



# THANKS!

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CREDITS: This presentation template was created by **Slidesgo**, including icons by **Flaticon**, and infographics & images by **Freepik**.

